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added to the pantry this year -

things we sometimes take for

granted. A new toothbrush can

bring a sense of normalcy and com-

fort to someone in a state of crisis.

#### VOLUNTEERS

**Emilie Freese** Jean McDonough Patricia Severance



#### Mother's Day Flowers

As part of the Holiday Gifts for Patients program, St. Margaret Foundation provided long stem roses in a vase to each woman in the hospital on Mother's Day.



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# Brian Demchak Hope Challenge Breaks Record — "Your Way"



#### 2021 Hope Challenge surpassed \$140,000

The Brian Demchak Hope Challenge, presented by PNC, continued to tradition to participate until Brian passed away in January of 2016 at be a virtual event this year, inviting participants to run, bike, walk, the age of 57. In 2016, Tina ran in Brian's memory accompanied by his swim or dance for those who can't. This year, the number of particidog Cosmo. pants doubled, with 232 people participating their way. Our participants made this year's challenge their own – from hiking in

For over 30 years, this event has helped fill in the gaps with hope for the under-resourced patients of UPMC St. Margaret. Brian Demchak and his mother, Marie Louise (Tina) Demchak, made it a family

#### Letter from the President

The past 18 months have taken a toll on all of us. The whole world is short staffed. Please be kind to those who show up, especially our physicians and employees who are here ready to serve at a moment's notice. Every day I am reminded how a hospital in your own community is a luxury. And how fortunate our patients are to have your Man Lee Danner support. We can't do anything in this newsletter without you. Thank you.

**Program Spotlight: Kathleen's Cupboard** 



Paula Weaver, St. Margaret Physical Therapy administrative assistant. stocks shelves in the food pantry

## How You're Helping Patients—A Rod **Rutkowski Bed Fund Story**

Dr. Jonathan Han - Family Medicine Residency Director, Sam Reiman - Richard King Mellon

Foundation Director, Dr. Winfred Frazier – New Kensington Medical Director, Dave Patton – UPMC St. Margaret President, Bethany Hemingway – Staunton Farm Foundation Senior Program

Officer, Mary Lee Gannon - St. Margaret Foundation President, Leslie Davis - UPMC Executive

Mayor, James Brewster – PA State Senator, Steven Botos – St. Margaret Foundation Chairman.

Vice President Carrie DelRosso - PA State Representative Thomas Guzzo - New Kensington

**Grand Opening of** 

**New Kensington Family Health Center** 

UPMC ST. MARGARET

(From left to right)

When a 37-year-old woman without health insurance was diagnosed with COVID-19 and required hospitalization, St. Margaret was able to take care of her. Eventually, the only thing keeping her in the hospital was her need for supplemental oxygen. Through the help of the Rutkowski Bed Fund, St. Margaret Foundation paid

for a one-month supply of home oxygen so that she could finish her recovery at home instead of at the hospital. Within two weeks, she had recovered enough to no longer need supplemental oxygen.

In 1930 two young brothers brought their pennies to St. Margaret Hospital in this teapot to help a friend - marking the birth of the Bed Fund.



# **IMPACT REPORT**

Yosemite to swimming in Fox Chapel, biking through Pittsburgh to walking the campus in Slippery Rock, the 2021 Challenge spanned the country!

(Continued on page 2)

Mary Lee Gannon, President





#### (continued from cover)

Thanks to a record-breaking 51 fundraising pages, \$57,981.39 was donated from peer to peer fundraising alone. Combined with support from our incredible sponsors, over **\$141,000 was donated for the employees and patients of St. Margaret.** An after-race survey led to the decision to continue the "Your Way" format next year.

#### **New This Year**

All participants received a Hope Challenge Finisher's Medal with their t-shirt. Participants who raised over \$100 received a SMF quarter zip pullover.





Maria Locher, Senior HR Consultant, wears the embroidered quarter zip pullover she received as an online fundraiser.

#### Note From a Future Nurse

"As an artist I have always been fascinated by the tools that I can use to describe and shape the world around me. I was raised around paint brushes, graphite, and canvases, but as much as I enjoyed using these devices to help express myself, their intentions differ from the tools that promote the health and safety of someone's life. That is why receiving my first stethoscope, as a gift from the St. Margaret Foundation, was such a meaningful moment for me as a new student nurse. The stethoscope represents the beginning of a journey where I am entrusted with the responsibility of using an instrument designed specifically for the good of others. I plan on paying back this gift through providing empathetic and dedicated care as an aspiring career nurse."

– Current UPMC St. Margaret School of Nursing student **Helmut Hammen** (right) with his personalized stethoscope given to him by St. Margaret Foundation donors.

Helmut Hammen, current nursing student

#### Your donations have an impact. Here's a few ways you've helped in 2021:



- 1. Gas, electric, and housing bills paid for cancer patients and employees in need.
- 2. A young father with a heartbreaking cancer diagnosis received an air conditioning unit to ease his breathing at home. That same young father also received a bed for his oldest child.
- 3. 30 cancer patients received \$100 Giant Eagle gift cards to help with food.
- 4. A patient struggling due to the pandemic was able to get new glasses and a bed after sleeping on the floor for over a year.
- 5. The rehab patio was again granted \$1,500 to plant flowers and planters for patients.
- 6. Meditation room established on campus for employees and patients.

#### Thank you, Hope Challenge Sponsors!

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The Johnson Family Fund Green Prints Landscaping Harmar Village

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## St. Margaret Employee Campaign Surpassed \$150,000

In the wake of a trying year, the St. Margaret Employee Campaign continued to break records, surpassing the goal of \$145,000 to raise \$151,023.18. We are in awe of our superhero employees who give their time, talent, and resources to support patients and colleagues.



## **New Fund for St. Margaret Families in Crisis**

# St. Margaret Foundation Launches New Family Emergency Fund

Recently, the St. Margaret Foundation staff received an emergency plea from **Baliegh Cannistraci**, one of UPMC St. Margaret's social workers. She shared the heartbreaking story of a 41-year-old patient with three young children and one on the way who was recently diagnosed with stage IV metastatic cancer. His care team was planning to discharge him after using the Bed Fund to purchase an air conditioner to help with his breathing when he expressed another wish — for his oldest child to have a bed.

The St. Margaret Foundation didn't have a fund to fulfill that wish. The **Family Emergency Fund** was launched that day, raising over \$7,000 in the first 24 hours. With three children under age 7 and one more on the way, this family was struggling to juggle the unexpected costs of healthcare and the costs of everyday life. While this patient's immediate



future was uncertain, his care team knew he would take great comfort in knowing his oldest child had the dream of a bed.

#### Employee Campaign Stats:

- Total Raised: \$151,023.18
- Total # of Donors: 540
- Total # of New Donors: 135 (25%)
- Increased Donations: 92
- Giving an Hour a Month: 92
- Giving Two Hours a Month: 66

"I support St. Margaret Foundation and have since day one of my employment because I feel that I've had many blessings in my life and want to give back in some way. This is a great way because they always meet the needs of people in the community as well as the hospital family."

– **Mary Kathryn Tomb**, senior nurse in the GI Laboratory

Note from a donor My donation is in Ormemory of my husband, The last thing he bought for my 2 thing were mattresses for sons were mattresses for there bunk beds. In middle school, my younger son had to write a poem of he chose to write Fibout his matterss AND how he found comfort in his memory of his father buying it for him. You are in my prayers